



FAT BOY NOLA RUN/WALK 5K, KIDS DASH (1/4 MILE)

THE INAUGURAL Fat Boy 26.2 Foot Marathon Saturday, May 25th LaSalle Park, Metairie

Sponsored by: Healthy Cleaning Solutions

HIGHLIGHTS

- ❖ Fat Boy New Orleans 5K Run/Walk
- ❖ Lil Fat Boy Dash for Kids - 1/4 Mile
(age 12-under, scored by time of finish not by weight division)
- ❖ NEW - The Inaugural Fat Boy 26.2 Foot Marathon
- ❖ Fat Boy NOLA 5K custom finisher medallions
- ❖ Food and refreshments - Fat Boy Style
- ❖ Commemorative T-shirts (* Custom style Shirt upgrade available-see details in t-shirt section)

DATE: SATURDAY, MAY 25, 2019

TIME:

- 7:00 am: RaceDay Registration / Packet Pickup opens**
- 8:00 am: 1/4 Mile "Little Fat Boy" Run/Walk**
- 8:10 am: Fat Boy New Orleans 5K Run/Walk**
- 9:10 am: Fat Boy 26.2 Foot Marathon**

LOCATION:

LaSalle Park, 6600 Airline Drive, Metairie, La. 70003

Race site is at Parking Lot- E, located behind the New Orleans " Babycakes" Baseball Stadium. Plenty of free parking in Lots B and C.

ENTRY FEES : Check or Credit Card: Payable to NORSI

► FAT BOY NOLA 3 MILE

- ❖ **ADULT (Age 18 – 64)**
 - > \$25.00 by Feb 28th
 - > \$30.00 March 1st thru March 31st
 - > \$35.00 April 1st thru May 19th
 - > \$40.00 RaceDay (May 25th)
- ❖ **YOUTH (Age 17- Under) & Seniors (65 & Over)**
 - ❖ \$20.00 by Feb. 28
 - ❖ \$25.00 March 1st thru May 19th
 - ❖ \$30.00 RaceDay (May 25th)

► 1/4 MILE LIL FAT BOY RACE

- ❖ \$10.00 by May 19th
- ❖ \$15.00 RaceDay (May 25th)

HOW TO REGISTER:

- > **ON-LINE:** Online link posted on www.NOLArunning.com
- > **MAIL TO:** NORSI, P. O. Box 2348, Kenner, La. 70063
- > **PAYABLE TO: NORSI** (postmark deadline May 8th please)

PRE-RACE PACKET PICK-UP:

Thursday, May 23 from 4pm to 6:00pm

Get your race number and t-shirt

- ❖ **Hosted by Brewsky's, 2205 David Drive, Metairie (Formerly Tarpon Joe's)**
- ❖ Food and Beer complimentary while it lasts
- ❖ Registration in person will be available at packet pickup

Packet pickup and in person registration will be available on the day of race at the race site beginning at 7:00am

T-SHIRTS Two (2) OPTIONS

Regular event registration shirt is a Soft Style Ring spun type shirt (unisex sizes)

Shirt upgrade option (\$10.00 additional fee) is a custom Leslie Jordan brand racing singlet available in both men's and women's sizes. A retail \$30.00 value shirt. Note that if choosing shirt upgrade you receive only the upgraded shirt.

Shirt options - Please choose type / size during registration process.

AWARDS

► FAT BOY 5K NEW ORLEANS

Please check division participating in on Registration Form

> MEN'S WEIGHT DIVISIONS (Top 3 in each division)

- ❖ Division A: Huge Load (200 to 220 lbs)
- ❖ Division B: Enormous Load (221 to 240 lbs)
- ❖ Division C: Tremendous Load (241 to 260 lbs)
- ❖ Division D: Immense Load (261 to infinity lbs)
- ❖ Division-E: Fat Boy Wanna Bees (Under 200 lbs)

> WOMEN'S WEIGHT DIVISIONS (Top 3 in each division)

- ❖ Division F: Athena (145 to 170 lbs)
- ❖ Division G: Amazonian (171 to 185 lbs)
- ❖ Division H: Megazonians (186 to 200 lbs)
- ❖ Division I: Ultra Megazonian (201 to 220 lbs)
- ❖ Division J: Ultra Deluxe Megazonian (221 Plus lbs)
- ❖ Division K: Athena Wanna Bees (Under 145 lbs)

AWARDS: 1/4 MILE LIL FAT BOY RACE FOR KIDS

- > Awards to all finishers age 12 and under
(Scored by time of finish not by weight division)

> WEIGHT DIVISION SCORING

Please check division applicable on the race entry form to be eligible for weight division awards. A scale will be available at the race site and may be used to confirm division winners if necessary.

POST RACE REFRESHMENTS:

Fat Boy style food and beverage spread. Abita Brand Beer, Kentwood Springs Water, Powerade, Ice Cream, Beignets, Pizza, Pulled Pork Mini Poboy's, Elmer's Chee Wees, Bananas.

RACE INFORMATION:

- ❖ Produced by: New Orleans Running Systems, Inc.
- ❖ Website: www.NOLArunning.com
- ❖ Email: NORSI@NOLArunning.com
- ❖ Phone: 504-884-7565
- ❖ Race Director: Chuck George

RACE VOLUNTEERS:

- ❖ Phone or Text: 504-228-4770
- ❖ Email: NORSI@NOLArunning.com

GO EAR GEAR FREE: Enjoy the event !!

Please consider when you are running or walking in this event to do so Without headphones or ear gear. Race officials announcements, safety information, conversation with other participants may be missed if you are wearing ear gear during the event.



FAT BOY 5K, KID'S DASH & 26.2 FOOT MARATHON

Saturday, May 25, 2019 ♦ LaSalle Park, Metairie

RACE FEES:

	BY Feb. 28	March 1 thru March 31	April 1 thru May 19	May 25 - (RaceDay)
5K ADULT (18 - 64)	<input type="checkbox"/> \$25.	<input type="checkbox"/> \$30.	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40.
5K SENIOR (65 & Over)	<input type="checkbox"/> \$20.	<input type="checkbox"/> \$25.	<input type="checkbox"/> \$30.	<input type="checkbox"/> \$30.
5K YOUTH (17 & Under)	<input type="checkbox"/> \$20.	<input type="checkbox"/> \$25.	<input type="checkbox"/> \$30.	<input type="checkbox"/> \$30.
KIDS DASH (12 & under)	<input type="checkbox"/> \$10.	<input type="checkbox"/> \$10.	<input type="checkbox"/> \$15.	<input type="checkbox"/> \$15.
SHIRT UPGRADE (Leslie Jordan Racing Singlet)	<input type="checkbox"/>	\$10. Extra		

CHECKS PAYABLE TO:

NORSI

P. O. Box 2348
Kenner, La 70063
All entry fees are non-refundable

FOR OFFICIAL USE ONLY

BIB / RACE NUMBER

AMOUNT PAID

PAYMENT METHOD

CREDIT CARD

CASH

CHECK

Check #

INITIAL (PLEASE PRINT CLEARLY)

CHIP-TIMED RACE
PLEASE PRINT CLEARLY

PLACE A CHECK MARK "✓" BY DIVISION

Men's Clydesdale Divisions:

<input type="checkbox"/>	DIVISION "A": Huge Load (200 to 220 lbs)
<input type="checkbox"/>	DIVISION "B": Enormous Load (221 to 240 lbs)
<input type="checkbox"/>	DIVISION "C": Tremendous Load (241 to 260 lbs)
<input type="checkbox"/>	DIVISION "D": Immense Load (261 to Infinity lbs)
<input type="checkbox"/>	DIVISION "E": Fat Boy Wanna Bees (Under 200 lbs)

Women's Athena & Amazonian Divisions:

<input type="checkbox"/>	Division "F": Athena (145 to 170 lbs)
<input type="checkbox"/>	Division "G": Amazonian (171 to 185 lbs)
<input type="checkbox"/>	Division "H": Megazonians (186-200)
<input type="checkbox"/>	Division "I": Ultra Megazonian (201 to 220)
<input type="checkbox"/>	Division "J": Ultra Deluxe Megazonian (221 plus)
<input type="checkbox"/>	Division "K": Athena Wanna Bees (under 145.lbs)

LAST NAME:

FIRST NAME

MI

MALE	FEMALE	AGE	DATE OF BIRTH	PHONE NUMBER
<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	<input type="text"/> - <input type="text"/> - <input type="text"/>	<input type="text"/> - <input type="text"/> - <input type="text"/>

STREET ADDRESS / APARTMENT NUMBER

CITY	STATE	ZIPCODE
<input type="text"/>	<input type="text"/>	<input type="text"/>

T-SHIRT SIZE: Small Medium Large XLarge XXLLarge XXXLarge

-SHIRT UPGRADED TO LESLIE JORDAN SINGLET

SELECT IF MALE OR FEMALE
 MALE FEMALE

E-MAIL ADDRESS

PAYMENT BY CREDIT CARD	VISA	MC	ACCOUNT NUMBER	EXPIRATION DATE
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/> - <input type="text"/> - <input type="text"/>	<input type="text"/> - <input type="text"/>

Printed Name of Cardholder

Signature of Cardholder

EXPIRATION DATE:

CVV Code

I know that running a roadrace is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to fall, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry. I for myself and anyone else entitled to act on my behalf, waive and release New Orleans Running Systems, Inc., LaSalle Park and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out if my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose.

SIGNATURE: _____ Date: _____

SIGNATURE: _____ Date: _____

Signature of Parent or Guardian required if entrant is under 18